



Virginia Recreation & Park Society

An Affiliate of the National Recreation and Park Association

Senior Resource Group Meeting

Board Meeting Minutes: Conference call meeting on March 9, 2018; Call to order at 10:02 a.m.

Attended by: June Snead, Cheryl Wheeler, Jane Shelhorse, LaTanja Jones, Debra Foster, Karen Brutsche, Judith Mangilin and Hope Lomax-Jones.

Minutes: Cheryl motioned to approve February's meeting minutes. Hope seconded her motion.

Treasurer's Report: Judith shared that she has not attended the Treasurer Webinar yet. There is no new revenue generated for the SRG account. Budget remains the same.

VRPS Liaison: Jane mentioned that 30 people attended the Western Service Area's workshop. She also mentioned that there are currently three spaces left for the Leadership Training Institute (LTI); please encourage anyone that you know if interested to sign up as soon as possible. Virginia Senior Games is May 15-19, 2018 with a Party on Friday, May 18 with a 70's Theme. See Karen Brutsche for more details.

Old Business:

HEADSHOTS FOR SRG WEBPAGE:

LaTanja said that majority of the headshot photos have been added to the SRG webpage through the VRPS website. Remaining pictures will be added to the webpage no later than Monday, March 12th. The SRG webpage can be accessed [here](#).

MARK HERRING REQUEST:

Debra said that a request to have Mark Herring, Attorney General for the state of Virginia, as the keynote speaker for the SRG Fall Conference has been submitted. She is currently waiting to hear back as to whether or not he is available to be at our event.

The conference committee is interested in having him speak and spread the word about the opioid crisis. Debra said that the conference committee is currently searching for a backup in the event that Mr. Herring is not available.

Jane said that the hospital in Fredericksburg has the currently has the same initiative to spread awareness to the community about the opioid crisis. She said that she will see if there someone that may be available as a backup, as well.

New Business:

2019 VRPS MANAGEMENT CONFERENCE SCHOLARSHIPS:

Cheryl mentioned that Nancy Turnage sent out an email to all of the Service Area and Resource Groups to see if any groups would tentatively plan to fund a scholarship for the 2019 Management Conference and Festival & Events Institute. She said that scholarships for this event can be funded at the end of 2018, but the scholarship application would need to be in place and open to delegates before then – the early member rate, upon which scholarships are based, is \$280.

June placed a motion that we do not fund the scholarship fund for the 2019 Management Conference. LaTanja seconded the motion. The group thought that providing scholarships to our SRG Conference would be a better use of our funds.

SRG CONFERENCE: The group discussed the types of sessions that should be included in the SRG Fall Conference. The conference committee created a concurrent list of sessions to consider. Debra said that we should keep in mind the conference theme of “solving the programming puzzle.”

Concurrent Sessions:

1. **Camps for Seniors** – to be presented by Loudoun County by Cheryl and Judith
2. **Intergenerational Programming**
 - a. Parks & Recreation collaboration with library systems in Arlington County (programs for children and seniors) – Adriana’s suggestion, not available to elaborate.
 - b. High school teens to help seniors with technology
 - c. JABA Senior Center (Fredericksburg) - Jane said that the Jefferson Area Board on Aging (JABA) could present this topic. They do a lot of intergenerational programming with the seniors. The center has an adult and children’s daycare.
3. **Marketing** – no speaker identified as of yet. June suggested an advertisement agency could present for the marketing session. Karen also said that she has a contact for the Source Book and maybe they will be able to conduct a presentation as well.
4. **Pickleball** – this session would discuss what Pickleball is, how it is played, and the equipment that is needed to play to make is eligible for CEUs. The Pickleball demonstration will be held outdoors, but could be moved to the indoor auditorium in the event of inclement weather.

CONFERENCE SCHEDULING:

Cheryl mentioned that lunch time will be used for idea sharing about trips. She said that we could compile a list of the trips beforehand by requesting each conference participant to list their best trip ideas on their registration forms.

Jane said that programmers may be interested in a sex and the senior program, it discusses safe sex and how it is currently affecting the senior population. Karen said she did the same program before and she still may have a contact they may be able to present this topic.

The group discussed narrowing down the session topics and whether it would be beneficial to have three sessions available per time slot. Karen said that due to the amount of enrollment, it would not be recommended.

June mentioned the conference schedule in year’s past:

8:30 a.m. – 9:15 a.m.	Registration
9:15 a.m. – 9:25 a.m.	Welcome
9:30 a.m. – 10:45 a.m.	Session #1 A: Bobbie Carducci- Caregiving B: Senior Camps
11:00 a.m. – 12:15 p.m.	Keynote Speaker:AG on Opioid Crisis or alternative from Mary Washington Hospital
12:15 p.m. – 1:00 p.m.	Lunch – Senior Trip Idea’s Discussion
1:00 p.m. – 2:15 p.m.	Session #2A: Marketing B: Sex and the Senior
2:15pm - 3:00pm	Pickleball Demonstration

OTHER DISCUSSIONS:

June mentioned that the CEU Session Proposal form is now available and must be completed online [here](#); the CEU committee will no longer be accepting CEU request via paper. She also mentioned that the Virginia Senior Games will be May 15-19, 2018 and it will be sponsored by Henrico Parks and Recreation – brochures are currently available at the VRPS central office.

Hope mentioned the pre-conference gathering that was held the day before the 2017 SRG Fall Conference. She said that it was nice and thought that we should have one for this year’s conference as well. Jane said that Victoria Matthews, Tourism Sales Manager for the City of Fredericksburg’s Department of Economic and Tourism, could set up tours for the group in the area. She said that it may be hard to get participants the evening before, the hotel rates for the Hyatt during the conference dates is \$119 and \$149 for the Courtyard Marriott. It is higher than the GSA rate and it may deter people from staying overnight. She said that we could possible do the Pickleball session after the conference as a social activity.

Close

ACTION ITEMS:

LaTanja will add remaining SRG committee headshots to the webpage by Monday, March 12, 2018.

More action items to come after the Conference subcommittee meets.

Adjourned: Hope made a motion that the meeting be adjourned. June seconded. The meeting was adjourned at 11:05 a.m.

Next meeting dates: SRG conference call meeting will be held on Friday, April 13, 2018 at 10:00 a.m.

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